



Coventry Runner Newsletter - May 2009

Future Events

Coventry Northbrook 10km - Sunday 31 May 2009 10.15am

The excellent and ever popular Northbrook 10km takes place on 31 May at 10.15. As usual the main race is preceded by a children's 2km fun run at 9.30am.

Race HQ is Jaguar Sports and Social Club in Browns Lane and the 10km is over the traditional rural, traffic free course.

Brooks and Coventry Runner are helping to sponsor the race and entry forms are available from the shop or via www.northbrookac.org.uk

(Future Northbrook plans include 5km road race in July - further details in due course)

Coventry Fun Run - Sunday 28th June 2009 10am

This year's fun run takes place on Sunday 28th June at 10am. The run is approximately 4 miles and starts and finishes in the Coventry War Memorial Park.

Organised by Coventry Three Spires Round Table the fun run is an ideal event for all of the family and continues to raise huge amounts of money for charity.

Entry forms are available at Coventry Runner and further details are at www.coventryfunrun.co.uk

Sphinx AC 25th Anniversary Summer 5 - Thursday 25th June 2009 7.45pm

Sphinx AC have taken over promotion of the popular mid-summer 5 mile road race and the race will take place on Thursday 25th June at 7.45pm at the War Memorial Park, Coventry. Coventry Runner is helping to sponsor the race and with an accurately measured course on paths and roads in and around the park and prizes in all categories, the race looks set to remain as popular as previous years.

Entry forms are available from Coventry Runner and full details at www.sphinx.org.uk

Other events:

Coventry Godiva Autumnal 5 will take place date TBC

Cassidy Coventry Half Marathon - 25 October 2009. Details - www.ladygodiva-halfmarathon.co.uk

Results

May Day 5 (4 May 2009) - typical bank holiday cool overcast conditions greeted 154 runners. Ben Jones (Godiva) won men's race in 25 mins dead. Tina Brown (Godiva) won the women's in 27 mins 33.

Full results - www.coventry-godiva.org.uk